

Mapping the Inner Childscape



Please join us for a therapeutic workshop exploring the 'inner child' through art expression, narrative and stillness meditation. This is inspired by **Jay Griffiths' Kith, the Riddle of the Childscape.**

Venue: Stillness Meditation Therapy Centre
146 – 148 Harp Road, Kew, Victoria
Date: Sunday 14th January 2018
Time 9.30am – 4.30pm
Fee: \$135.00

Art materials provided.

Bring lunch or snacks if preferred, or lunch at Café Ben's close by.

Weather permitting, there will be a 'walk in the park' to gather materials for the 'Nature Table', so bring a sun hat and casual shoes.

Expressions of interest by 14th December 2017 to facilitator, Francine Cockerill. Please email info@stillnessmeditation.com.au or call (03) 9817 2933, as small group sessions of necessity.